

## COVID-19 Protocol and Policies at Reliant Healthcare Group.

These guidelines were established following recommendations by the Centers for Disease Control and Prevention (CDC). Since the inception of COVID-19 we have seen these policies and guidelines change over time. Please know that we will do our best to keep up with any changes and update our policies to reflect accordingly.

Do not forget to:

- ❖ Wash your hands frequently with soap and water for at least 20 seconds
- ❖ Cover your coughs
- ❖ Stay away if you have symptoms of COVID-19 and/or sick
- ❖ Practice Social Distancing

**We are in this together!**

### COVID-19 Screening Questionnaire

1. Do you or anyone in your household, or who you are having regular contact with have any or more of the following symptoms TODAY?

- A fever of 100.0 degrees or more
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

2. Have you had contact with someone with confirmed COVID-19 case in the last 14 days?

3. Is your temperature over 100.0 degrees?

If answers to **All** questions are '**NO**' please proceed with session.

If there are **any** '**YES**' answers to one or more questions, a negative health status is indicated. Please do NOT proceed with session.

**ANY CHANGE IN HEALTH STATUS** (fever, cough, difficulty breathing, vomiting, diarrhea, sore throat, discharge from eyes, rash, difficulty breathing) **DURING SESSION WILL RESULT IN IMMEDIATE TERMINATION OF SESSION.**

Patients, Staff and family members must be symptom free, without the aid of medication for **72**

**hours** before considering resuming in person services.

In order to resume work/sessions in person, persons who test positive for COVID-19, must present either

1. ONE negative COVID-19 test with medical clearance OR
2. two negative COVID-19 tests.



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## DAILY PROTOCOL FOR CLINIC BASED SERVICES

### **Clients**

- All families will be made aware that the company cannot guarantee their child(ren) will not be exposed to COVID-19 while under our care. They will however be notified of the COVID-19 precautions being taken by the company to minimize spread.
- Patients who are immunosuppressed are highly discouraged from returning to the clinic at this time. For such patients, parents are encouraged to talk with their therapists to explore if telehealth will be a beneficial option.

### **Staff**

- All staff have been educated on the company's COVID-19 protocol, policies and universal precautions.
- Staff exhibiting symptoms and/or who have been directly exposed to a person with confirmed COVID-19 are not to report to work.
- All staff must complete the health screening process to include checking temperature and completing the COVID-19 screening questionnaire PRIOR to commencing their workday. All negative health status must be reported to management. Staff with negative health status must not report to work and/or treat patients. Also, staff with negative health status may not return to work until cleared by management following CDC guidelines.
- All staff must wear masks and gloves at all times while with a patient.

### **Clinic**

- Hourly sanitization of frequently used and touched areas and items such as waiting room surfaces, door handles, counter tops, therapy mats etc.
- All towels will be washed at the end of each day.
- Staff will disinfect and wipe down their work areas and desks daily following CDC guidelines.
- Materials that cannot be cleaned easily such as stuffed toys will not be in use during this time.
- Visual alerts to remind everyone of COVID-19 precautions will be posted around the clinic.
- Therapy technician(s) will be available everyday to assist with disinfecting and cleaning as often as needed.

## DAILY COVID-19 PROTOCOL FOR CLINIC BASED SERVICES

### **Patient Drop Off**

- Only ONE adult/patient will be allowed into the building for drop off.
- Accompanying adults must wear a mask to enter the building for drop offs.
- Accompanying adults must practice social distancing by standing on one of the “X” s marked on the floor.

### **Prior to session**

- Health screening will be conducted on all patients at the front desk. This will include taking temperature of the patient and completion of the COVID-19 screening questionnaire by accompanying adult. Management must be notified of any negative health status.
- If patient has no negative health status, patient will be handed over to the therapist.
- Once patient is received by the therapist, accompanying adult must exit the building to their vehicles immediately.
- Accompanying adult must wait in their vehicle while patient receives services. Special considerations may be made in some special circumstances for an accompanying adult to wait in the waiting area. Such special considerations will be at the total discretion of management.
- All parents must remain in the premises, in their vehicles while patient in session.
- Staff must sanitize workspace and materials PRIOR to each session.
- Staff must wash hands with soap and water immediately for at least 20 seconds prior to receiving child.

### **During session**

- Staff will support patient with hand washing with soap and water for at least 20 seconds as often as needed.
- Additional hand washing may be initiated by therapist for self and child due to cough, sneeze or runny nose.
- Staff will use least to most prompting throughout the session. Hand over hand prompting would be used only when necessary.
- Mouthed, coughed/sneezed on toys must be wiped down immediately if possible. If not possible to do so immediately, such toys must be immediately put aside in the “dirty” bin to be sanitized later.
- Hand washing and disinfecting of surfaces and materials should take place frequently during session.
- Social distancing will be utilized when possible however there may be times when the therapist will be within 6 feet of the child during the session.
- All therapists are required to wear masks and gloves. There may be situations that

necessitate removal of mask to facilitate strategies being worked on with the patient.

- Children under 10 are not mandated to wear masks however should a parent prefer that his/her child should wear a mask, the company will not object. The parents must however provide the mask.

#### **After the session**

- Both therapist and patient must wash hands with soap and water for at least 20 seconds.
- Therapist will escort patient to the parking lot (to accompanying adult's vehicle) to review session and hand over patient.
- Staff must disinfect the area and all materials and fixtures used during the session.
- All materials will be stored in a secured area/container where contents are not exposed in between sessions.
- Staff must wash hands again with soap and water for at least 20 seconds



## DAILY COVID-19 PROTOCOL FOR HOME BASED SERVICES

All Home Health Staff must have a COVID-19 Kit which includes at the minimum disinfectant, hand sanitizer, gloves and masks.

### **Prior to session**

- Health screening of patient and staff must be conducted PRIOR to every session This will include taking temperature of the patient and completion of the COVID-19 screening questionnaire by staff and patient. Management must be notified of any negative health status.
- Staff must wash hands with soap and water immediately for at least 20 seconds prior to upon entrance to the home and prior to receiving child.
- Staff must sanitize workspace and materials PRIOR to each session.

### **During session**

- Staff will support patient with hand washing with soap and water for at least 20 seconds as often as needed.
- Additional hand washing may be initiated by therapist for self and child due to cough, sneeze or runny nose.
- Staff will use least to most prompting throughout the session. Hand over hand prompting would be used only when necessary.
- Mouthed, coughed/sneezed on toys must be wiped down immediately if possible. If not possible to do so immediately, such toys must be immediately put aside in the “dirty” bin to be sanitized later.
- Hand washing and disinfecting of surfaces and materials should take place frequently during session.
- Social distancing will be utilized when possible however there may be times when the therapist will be within 6 feet of the child during the session.
- All therapists are required to wear masks and gloves. There may be situations that necessitate removal of mask to facilitate strategies being worked on with the patient.
- Children under 10 are not mandated to wear masks however should a parent prefer that his/her child should wear a mask, the company will not object. The parents must however provide the mask.

### **After the session**

- Both therapist and patient must wash hands with soap and water for at least 20 seconds.
- Therapist will review session with parent/guardian and hand over patient.
- Staff must disinfect the area and all materials and fixtures used during the session.
- All materials will be stored in a secured area/container where contents are not exposed in between sessions.

- Staff must wash hands again with soap and water for at least 20 seconds



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